

SOURCE 200 HOUR TEACHER TRAINING 2010-2011

WEEKENDS: FRIDAY 7:30-9:30PM, SATURDAY 12-4 & 6-9PM, SUNDAY 1-5PM

MODULE	DATES	HOURS	TOPIC	TEACHER
1	9/10-9/12/10, 9/17-9/19/10, 9/24-9/26/10, 10/8-10/10/10, 10/15-10/17/10	65	STANDARD VINYASA BACKGROUND {DURING THE MAIN MODULE, TRAINEES WILL ALSO BE REQUIRED TO ATTEND ONE OF NICOLE'S CLASSES PER WEEK}	NICOLE INGLISH
2	10/22-10/24/10, 10/29-10/31/10	26	ANATOMY AND PHYSIOLOGY	ARTURO PEAL
3	11/5-11/7/10	13	YOGA PHILOSOPHY	SVEN HOLCOMB
4	11/12-11/14/10	13	CHAKRAS AND ENERGYWORK	NICOLE INGLISH
5	12/3-12/5/10	13	RESTORATIVE YOGA	NATALIE SAMPILA
6	1/21-1/23/11, 1/28-1/30/11	26	YOGA THERAPY	EMILY KLIGERMAN
7	2/18-2/20/11	13	PRENATAL YOGA	EMMA ROLLIN MOORE
8	2/25-2/27/11	13	AYURVEDA	JENNIFER AYRES
9	3/4-3/6/11	13	HOW TO TEACH BEGINNERS	KRISTIN JORDAN

PROGRAM COSTS

DESCRIPTION	EARLY BIRD PRICE	EARLY BIRD EXPIRES	REGULAR PRICE
TRAINING IN FULL:			
200 HOUR TEACHER TRAINING	\$1,975.00	7/31/10	\$2,475.00
IF TAKEN INDIVIDUALLY:			
MAIN MODULE	\$875.00	7/31/10	\$1,125.00
ANATOMY AND PHYSIOLOGY	\$425.00	9/10/10	\$475.00
YOGA PHILOSOPHY	\$185.00	9/25/10	\$225.00
CHAKRAS AND ENERGYWORK	\$185.00	10/1/10	\$225.00
RESTORATIVE YOGA	\$185.00	10/22/10	\$225.00
YOGA THERAPY	\$370.00	12/10/10	\$450.00
PRENATAL YOGA	\$185.00	1/7/11	\$225.00
AYURVEDA	\$185.00	1/14/11	\$225.00
HOW TO TEACH BEGINNERS	\$185.00	1/21/11	\$225.00